

# WILL YOU BE PREPARED?

## Learn what to put inside your "Go Bag"



by Scott Obel

Are you and your family prepared for a major earthquake? From the U.S. Geological Survey, here is a list of some of the world's deadliest earthquakes since 2001:

- June 22, 2022: In Afghanistan, more than 1,100 people die in a magnitude 6.1 earthquake.
- Aug. 14, 2021: In Haiti, a magnitude 7.2 earthquake kills more than 2,200 people.
- Sept. 28, 2018: A magnitude 7.5 earthquake hits Indonesia, killing more than 4,300 people.
- April 25, 2015: In Nepal, more than 8,800 people are killed by a magnitude 7.8 earthquake.
- March 11, 2011: A magnitude 9.0 quake off the northeast coast of Japan triggers a tsunami, killing nearly 20,000 people.
- Jan. 12, 2010: In Haiti, a staggering 316,000 people are killed by a magnitude 7.0 quake, according to government estimates.
- May 12, 2008: A magnitude 7.9 quake strikes Sichuan province in China, resulting in more than 87,500 deaths.
- May 26, 2006: More than 5,700 people die when a magnitude 6.3 quake hits the Indonesian island of Java.
- Oct. 8, 2005: A magnitude 7.6 earthquake kills more than 80,000 people in Pakistan's Kashmir region.
- March 28, 2005: A magnitude 8.6 quake in northern Sumatra in Indonesia kills about 1,300 people.
- Dec. 26, 2004: A magnitude 9.1 quake in Indonesia triggers an Indian Ocean tsunami, killing 230,000 people in a dozen countries.
- Dec. 26, 2003, a magnitude 6.6 earthquake hits southeastern Iran, resulting in 50,000 deaths.
- May 21, 2003: More than 2,200 people are killed in a magnitude 6.8 earthquake in Algeria.
- Jan. 26, 2001: A magnitude 7.7 quake strikes Gujarat in India, killing 20,000 people.

Over the next few months we have three training session meetings that will cover different aspects of preparation for earthquake and other disasters. These will be held in the Garden Room and will start at 6pm and end by 6:45pm. These sessions include:

### March 15th @ 6pm: Go Bags with Dr. Lisa Shaver, MD

*(Date changed from March 8th)*

What a go bag is, why you need one, where to keep it, what to put inside and why every family should have them ready. Preparing food for the go bags, what to include. The session will start promptly after 6pm. Pizza and drinks will be served starting at 5:45, but once the presentation starts food is otherwise done.

Dr. Shaver grew up on Lido and currently lives in Portland, Oregon where she has been a CERT (which is termed NET-Neighborhood Emergency Team in Portland) active volunteer since 2016. She is a naturopathic physician and licensed acupuncturist in private practice. She is a returned Peace Corps volunteer having served in the Central African Republic for 4 years, two of which she lived in the African bush with no running water or electricity.

### April 11th @ 6pm: Gas Meter Shut Off

Three short instructional videos from a California fireman, a representative from The Gas Company and a plumber. A hands on display will be present for residents to practice turning off a gas meter valve. Instructional videos will cover locating your gas meter and shut off valve, the on and off positions of a valve, three indicators of a leak, how to turn off your valve off, and turning the gas back on.

### May 10th @ 6pm: Home Generators for Emergency Use

An officer from LT Generators will give a presentation on home generators for home emergency use. This will include a discussion of safety, storage, noise, fuel options, maintenance, and cost considerations. They are there to provide information and education and not to sell, though you are certainly welcome to contact them after the meeting to discuss your needs.